



# QuickVue<sup>®</sup>

H. pylori TEST

**CLIA Complexity: MODERATE**

## **iu** INTENDED USE

The QuickVue H. pylori Test is a lateral-flow immunoassay intended for the rapid, qualitative detection of IgG antibodies specific to *Helicobacter pylori* in human serum, plasma or whole blood as an aid in the diagnosis of *H. pylori* infection in patients with clinical signs and symptoms of gastrointestinal disease. The test is intended for use by health care professionals.

## SUMMARY AND EXPLANATION

*Helicobacter pylori* is implicated in the etiology of a variety of gastrointestinal diseases, including non-ulcer dyspepsia, duodenal and gastric ulcer, and active and chronic gastritis.<sup>1,2</sup> Studies also suggest an association of *H. pylori* infection with stomach cancer; the role of *H. pylori* and the factors involved in the development of these diseases are still under investigation.<sup>3</sup>

Several treatment regimens using antibiotics in combination with bismuth compounds have been shown to be effective in treating active *H. pylori* infection.<sup>4,5</sup> Successful eradication of *H. pylori* is associated with clinical improvement in patients with chronic active gastritis, gastric ulcer and duodenal ulcer.<sup>4,5</sup>

Individuals infected with *H. pylori* develop serum antibodies which correlate strongly with histologically confirmed *H. pylori* infection.<sup>6,7,8</sup> The QuickVue H. pylori Test detects *H. pylori*-specific IgG antibodies produced by individuals colonized or infected with the organism. The QuickVue H. pylori Test is simple to perform, requires no instrumentation and yields rapid, qualitative test results in minutes.

## PRINCIPLE OF THE TEST

To perform the test, 1 drop (approximately 50 µL) of serum, plasma or whole blood is added to the Test Cassette. If the patient sample contains *H. pylori*-specific IgG antibodies, a faint pink-to-red Test Line will be visible in the Result Window along with a blue procedural Control Line, indicating a positive result. If *H. pylori*-specific IgG antibody is not present or is present at very low levels in the patient sample, only a blue procedural Control Line will be visible. If the blue procedural Control Line does not develop within 5 minutes, the test is considered invalid.

## REAGENTS AND MATERIALS SUPPLIED

Reagents	Catalog #	
	0W009	0W010
Test Cassettes, murine monoclonal antibody to human IgG (Test Line) and rabbit polyclonal antibody (Control Line)	10	30
Disposable Pipettes	10	30
Capillary Tubes	10	30
Positive Control, diluted human plasma containing <i>H. pylori</i> -specific IgG, 0.01% thimerosal	1	1
Negative Control, diluted human plasma, 0.01% thimerosal	1	1
Package Insert	2	2
Procedure Card	1	1

## WARNINGS AND PRECAUTIONS

- For *in vitro* diagnostic use.
- Do not use kit contents after the expiration date printed on the outside of the box.
- Use appropriate precautions in the collection, storage, handling and disposal of patient samples and used kit contents.
- Use of Nitrile or Latex gloves is recommended when handling patient samples.<sup>9</sup>
- Dispose of containers and used contents in accordance with Federal, State and Local requirements.
- Thimerosal is used as a preservative. Incidental contact with or ingestion of Positive or Negative Controls can lead to increased hypersensitivity reactions including irritation to the skin, eyes or mouth. Seek medical attention if symptoms are experienced.
- The Test Cassette must remain sealed in the protective foil pouch until just prior to use.
- To obtain accurate results, you must follow the Package Insert instructions.

## KIT STORAGE AND STABILITY

Store kit at room temperature, 59°F to 86°F (15°C to 30°C), out of direct sunlight. Do not freeze. Kit contents are stable until the expiration date printed on the outer box.

## SPECIMEN COLLECTION AND HANDLING

**Serum:** Collect and prepare serum samples by standard laboratory procedures. Serum samples may be stored refrigerated at 2°C to 8°C for up to 72 hours. For longer storage, freeze at or below –20°C in vials with air tight seals.

**Plasma:** Collect an anticoagulated blood sample [sodium heparin (green-top tubes), lithium heparin (green-top tubes) or potassium EDTA (lavender-top tubes)] using standard laboratory procedures. Separate plasma by centrifugation. Plasma samples may be stored refrigerated at 2°C to 8°C for up to 72 hours; for longer storage, freeze at or below –20°C.

**Whole Blood:** Collect an anticoagulated blood sample [sodium heparin (green-top tubes), lithium heparin (green-top tubes) or potassium EDTA (lavender-top tubes)] following standard laboratory procedures. Whole blood samples may be stored up to 4 hours at room temperature or either on ice or refrigerated (2°C to 8°C) for up to 72 hours prior to testing.

### **Fresh Capillary Blood Sample:**

#### **To use a Capillary Tube**

- Ensure that the finger is clean, dry and warm.
- Puncture the side of the middle or ring finger skin with the lancet. Wipe away the first sign of blood.
- Gently rub the hand from palm to finger to obtain a rounded drop of blood.
- Touch the Capillary Tube to the blood until filled to the black line (Do not squeeze the bulb at the end of the Capillary Tube while obtaining the sample).
- Squeeze the bulb end of the Capillary Tube to dispense the whole blood sample.

#### **To use hanging drop**

- Ensure that the finger is clean, dry and warm.
- Puncture the side of the middle or ring finger skin with the lancet. Wipe away the first sign of blood.
- Gently rub the hand from palm to finger to obtain a rounded drop of blood.
- Position the finger so that the drop of blood is just above the Sample Well of the Test Cassette.

## QUALITY CONTROL

### **Built-in Control Features**

The QuickVue H. pylori Test contains built-in procedural control features. The manufacturer's recommendation for daily quality control is to document these built-in procedural controls for the first sample tested each day.

The two-color result format provides a clear-cut readout for positive and negative results. The appearance of a blue procedural Control Line provides several forms of internal control: (1) capillary flow occurred; and (2) functional integrity of the test strip was maintained. If the blue procedural Control Line does not develop at 5 minutes, the test result is considered invalid.

A built-in negative control is provided by the clearing of red background color, verifying that the test has been performed correctly. The result area should be white-to-light pink within 5 minutes and not interfere with interpretation of the test result. If background color appears which interferes with interpretation of the test result, the result is considered invalid. Should this occur, review the procedure and repeat the test with a new Test Cassette.

### External Quality Control

External controls also may be used to demonstrate that the reagents and assay procedure perform properly. Positive and Negative Control solutions are supplied with the kit. Add **2 drops** of the Positive or Negative Control solution to the Sample Well using a new Test Cassette; continue with the assay as described in the **Test Procedure** using these controls in place of a patient sample.

If used, controls should be run with each new lot or shipment of materials, and as otherwise required by your laboratory's standard Quality Control procedures.

If the Positive and Negative Controls do not perform as expected, repeat the test or contact Quidel Technical Support.

## TEST PROCEDURE

**All test materials and patient samples must be at room temperature before beginning.**

**Note:** Sample volumes of less than 1 drop may yield an incorrect result.

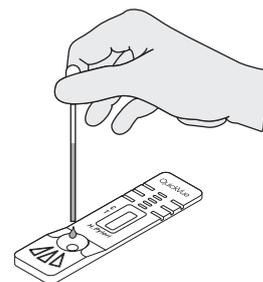
**Caution:** Follow universal precautions when handling potentially infectious materials.

**Test Procedure:** Remove the Test Cassette from the foil pouch. Place it on a clean, dry, level surface.

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**Add 1 drop of SERUM, PLASMA or WHOLE BLOOD using a clean Disposable Pipette to the round Sample Well on the Test Cassette.**

*The Test Cassette should not be moved until the assay is complete and ready for interpretation.*

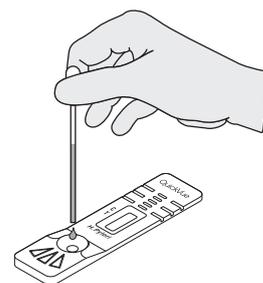


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**OR**

**Add 1 drop of anticoagulated WHOLE BLOOD using a clean Disposable Pipette to the round Sample Well on the Test Cassette.**

*The Test Cassette should not be moved until the assay is complete and ready for interpretation.*

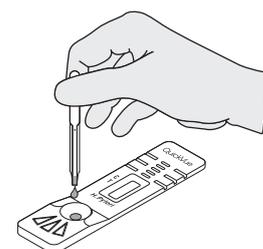


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**OR**

**Add 1 CAPILLARY TUBE of WHOLE BLOOD from a fingerstick to the round Sample Well on the Test Cassette.**

*The Test Cassette should not be moved until the assay is complete and ready for interpretation.*



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**OR**

Add 2 hanging drops of **WHOLE BLOOD** from a **fingertick** to the round Sample Well on the Test Cassette. Allow 2 drops of blood to fall into the center of the Sample Well, or move the patient's finger so that the drop touches the center of the Sample Well. Avoid touching the finger directly to the center of the Sample Well.



The Test Cassette should not be moved until the assay is complete and ready for interpretation.

**READ RESULTS AT 5 MINUTES. Some positive results may be seen earlier.**

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## INTERPRETATION OF RESULTS

Refer to Procedure Card for interpretation of test results.

### Positive Result:

Any shade of a pink-to-red Test Line near the letter "T" and a blue procedural Control Line near the letter "C" within 5 minutes indicates the presence of *H. pylori*-specific IgG antibodies.

### Negative Result:

Only a blue procedural Control Line near the letter "C" at 5 minutes indicates the absence of *H. pylori*-specific IgG antibodies.

### Invalid Result:

The test result is considered invalid if the blue procedural Control Line is not visible at 5 minutes after sample application, even if the Test Line is visible. If the result is invalid, retest using a new Test Cassette or contact Quidel Technical Support.

## LIMITATIONS

The contents of this kit are for use in the qualitative detection of *H. pylori*-specific IgG antibodies and do not indicate the titer of the antibody in the sample. The test should be used only to evaluate adult patients with clinical signs and symptoms suggestive of gastrointestinal disease.

The test is not intended for use with asymptomatic patients. Performance characteristics for persons under the age of 18 have not been established with this test.

A positive QuickVue result only indicates the presence of specific IgG antibodies to *H. pylori*, but determination of an active or inactive infection cannot be made.

A negative QuickVue result indicates that *H. pylori*-specific IgG antibody is not present, or is present at a level below the detection threshold of the test.

Test results must always be evaluated with other data available to the physician. Additional follow-up testing is recommended if the QuickVue result is negative and *H. pylori* infection is suspected.

## EXPECTED VALUES

In the United States, approximately 11% of symptomatic individuals with normal gastric histology have been reported to be colonized with *H. pylori*, while 63% of those with chronic gastritis yielded positive culture biopsies. The factors that lead from colonization with the organism to infection are unknown.

The prevalence rate of colonization appears to be age related with 50% of adults shown to be colonized with the organism by age sixty. Eighty to one-hundred percent of individuals with signs and symptoms of other gastrointestinal conditions such as duodenal ulcers, are reported to be positive for *H. pylori* infection.<sup>10</sup>

## PERFORMANCE CHARACTERISTICS

### Clinical Sensitivity, Specificity, and Accuracy

The performance of the QuickVue H. pylori Test was determined in a multi-center clinical evaluation. Serum specimens were obtained from three hundred forty-two (342) patients undergoing endoscopic examination.

For this study, each patient was evaluated by the QuickVue H. pylori Test, an EIA H. pylori antibody detection assay and histology and/or culture.

Table 1 presents a comparison of the QuickVue H. pylori Test to biopsy (culture and/or histology).

TABLE 1

		Biopsy	
		Pos	Neg
QuickVue H. pylori Test Result	Pos	158	36
	Neg	18	130

**Sensitivity:**  $158/176 = 90\%$  [95% C.I. 86%-93%]

**Specificity:**  $130/166 = 78\%$  [95% C.I. 73%-82%]

**PPV:**  $158/194 = 81\%$

**NPV:**  $130/148 = 88\%$

**Agreement:**  $288/342 = 84\%$

The 36 QuickVue positive, biopsy negative specimens were tested by an EIA H. pylori antibody detection assay. Three (3) specimens were equivocal and 21 were positive, indicating the presence of H. pylori-specific IgG antibodies in those specimens.

The 18 QuickVue negative, biopsy positive specimens were tested by an EIA H. pylori antibody detection assay. Two (2) were equivocal and 9 were negative by EIA, indicating the absence of H. pylori-specific IgG antibodies in those specimens.

The QuickVue H. pylori Test was also compared directly to an EIA H. pylori antibody detection assay. Because sampling errors may occur during biopsy due to the sporadic distribution of the bacteria in the gastric mucosa, the actual bacteria may not be sampled during biopsy, making it difficult to detect the bacterium by histology. Antibody detection tests, therefore, are more likely to determine if an infection is present, provided that the patient is not immuno-suppressed and is actually producing antibodies to H. pylori. In this study, the overall agreement between the two tests was 92%. Table 2 presents the results of this study.

TABLE 2

		EIA	
		Pos	Neg
QuickVue H. pylori Test Result	Pos	174	14
	Neg	12	128

### Cross-Reactivity

Sera containing known amounts of antibodies to H. pylori were tested with C. jejuni, C. fetus, C. coli and E. coli. All species tested showed no cross-reactivity, indicating that the QuickVue H. pylori Test has a high degree of specificity for human antibodies to H. pylori.

### Interference Studies

QuickVue H. pylori Test results were not affected by elevated levels of serum albumin, bilirubin or hemoglobin. Altering the hematocrit ranging from 20%-60% did not affect the accuracy of the test.

### **Reproducibility Studies**

The within-run and between-run performance of the QuickVue H. pylori Test was evaluated using negative, low positive and high positive samples for antibodies to *H. pylori*. All results obtained were 100% in agreement with the expected results.

### **Physician's Office Laboratory (POL) Studies**

An evaluation of the QuickVue H. pylori Test was conducted at three Physicians' Offices using a panel of coded test specimens. Testing was performed by physician office personnel with diverse educational backgrounds and work experience at three different locations. The proficiency panel contained negative, moderate positive and high positive specimens. Each specimen level was tested a minimum of six replicates at each site over a period of 3 days.

The results obtained at each site agreed 100% with the expected results. No significant differences were observed within run (6 replicates), between runs (3 different assay days) or between sites (3 different POL sites).

## **ASSISTANCE**

If you have any questions regarding the use of this product, please call Quidel's Technical Support Number 800.874.1517 (in the U.S.) or 858.552.1100, Monday through Friday, from 7:00 a.m. to 5:00 p.m., Pacific Time. If outside the U.S., contact your local distributor or [technicalsupport@quidel.com](mailto:technicalsupport@quidel.com).

## **REFERENCES**

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**REF** 0W009 - QuickVue H. pylori 10 Test Kit  
0W010 - QuickVue H. pylori 30 Test Kit

**IVD**



**EC REP**

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0497305EN00 (11/14)

**REF**

Catalogue number



CE mark of conformity

**EC REP**

Authorized Representative in  
the European Community

**LOT**

Batch code



Use by



Manufacturer



Temperature limitation



Intended use



Consult instructions for use

**IVD**

For *In Vitro* diagnostic use



Contains sufficient for XX determinations

**CONT**

Contents/Contains

**CONTROL +**

Positive Control

**CONTROL -**

Negative Control