

# Quick Start Guide

24/7 Support: 1-800-838-9502  
www.oncallmeters.com

**On·Call® Express**  
Blood Glucose Monitoring System

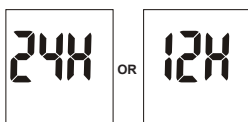
## 1. Meter Setup & Clock

For first time use, remove the black strip from the battery compartment.

Press and hold right button ► to enter Setup mode.

If at any time you make a mistake, press and hold the right button ► for 2 seconds to turn the meter off and start from the beginning.

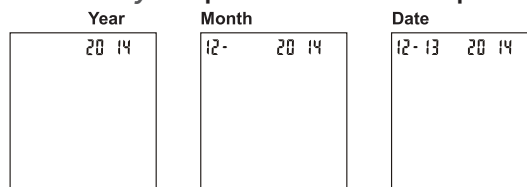
**Clock:** Press left button ◀ to switch between a 12 and 24 hour clock.  
Press the right button ► to set



## 2. Year & Date

**Year:** Press left button ◀ to increase the year.  
Press right button ► to set.

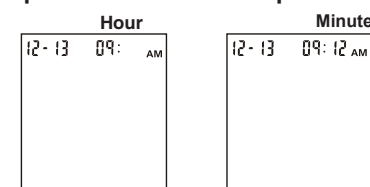
**Month and Day:** Repeat the above steps.



## 3. Hours & Minutes

**Hours:** Press left button ◀ to increase the hour.  
Press right button ► to set.

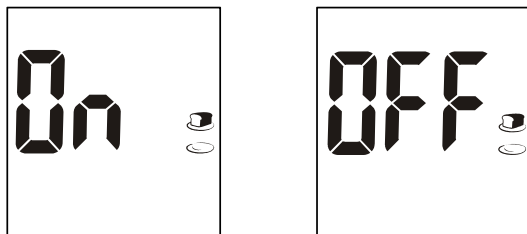
**Minutes:** Repeat the above steps.



## 4. Meal Marker Setup

Press left button ◀ to turn the Meal Marker on/off.

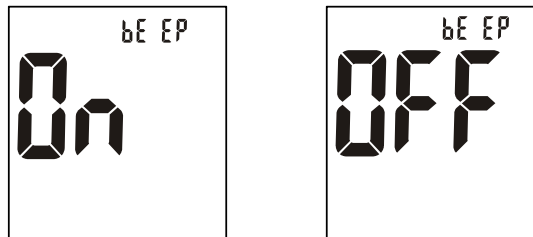
Press right button ► to set.



## 5. Audio Feature

Press left button ◀ to turn the Audio Feature on/off.

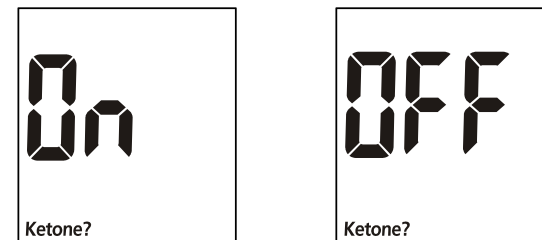
Press right button ► to set.



## 6. Ketone Indicator

Press left button ◀ to turn the Ketone Indicator on/off.

Press right button ► to set.



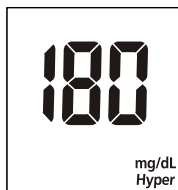
## 7. Hyperglycemia Indicator

Press left button ◀ to turn the Hyperglycemia Indicator on/off.

Press right button ► to set.

Press left button ◀ to adjust the Hyperglycemia level.

Press right button ► to set.



## 8. Hypoglycemia Indicator

Press left button ◀ to turn the Hypoglycemia Indicator on/off.

Press right button ► to set.

Press left button ◀ to adjust the Hypoglycemia level.

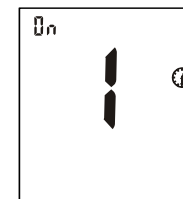
Press right button ► to set.



## 9. Test Reminders

Press left button ◀ to turn each of the 5 Test Reminders on/off.

Press right button ► to set reminder time.



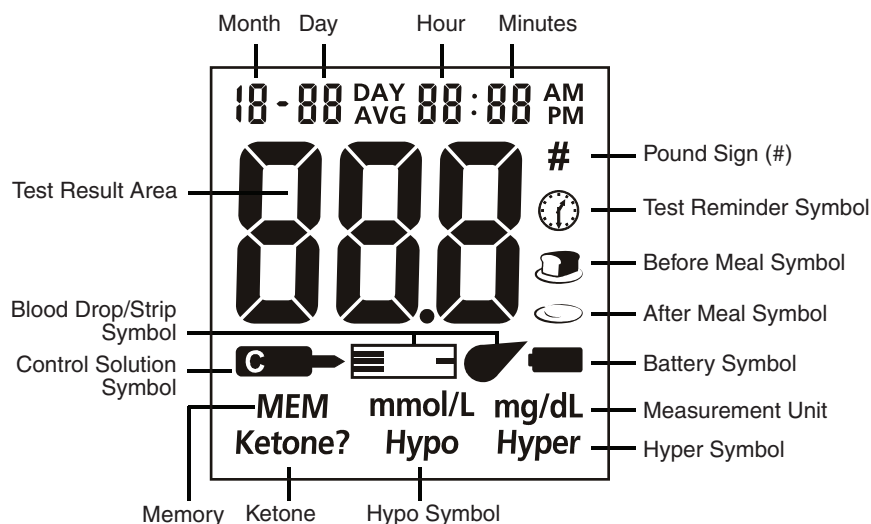
**Your On Call® Express meter is ready to use!**



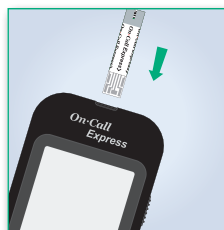
Left Button  
(Adjust)

Right Button  
(Set)

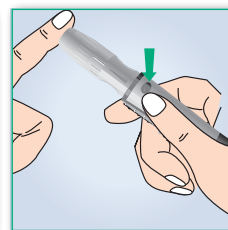
## Meter Buttons



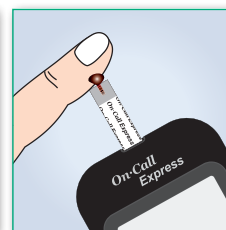
## Meter Display



**1** Insert strip into test port facing up. This will turn the meter on.



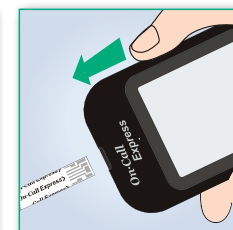
**2** Lance side of your finger for an ample blood sample.



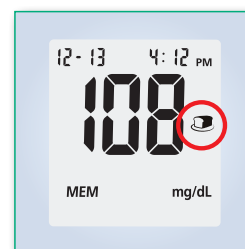
**3** When blood drop/strip symbol flashes, apply blood to the end of the test strip.



**4** Results will be displayed and stored in memory.

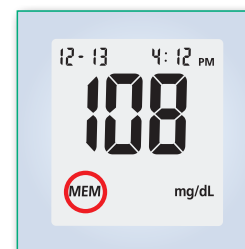
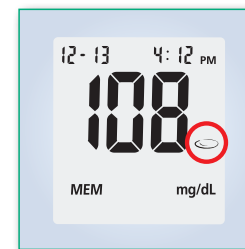


**5** Eject the strip and dispose.



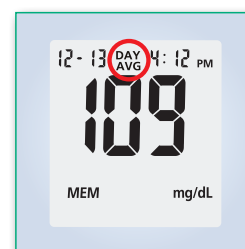
## Setting Meal Markers

After performing a test, press the left button ◀ to switch between Before Meal ☺ (full plate), After Meal ☹ (empty plate), or no marker. A default marker will be suggested based upon the time of day.



## Memory Recall

Press the left button ◀ to turn meter on and enter memory mode. The most recent test and MEM will be displayed. Press the left button ◀ to scroll through the previous stored records.



## Data Averages

From the memory screen, press the right button ▶ to view data averages. "DAY AVG" will appear on the display along with your 7 day average. Press the left button ◀ to switch between 7, 14, 30, 60, and 90-day periods.